

Sometimes you may find, that as much as you try to eat right, to take the appropriate nutritional supplements, to exercise, to drink plenty of pure water - you still just don't get better or solve your particular health challenge. When you cannot find a practitioner in your sphere that is able to get to the core of what ails you, these are the times when you may need a little extra help. In that light I'd like to review homeopathy / isopathy and your body's own medicine.

Homeopathy

In definition, homeopathy is: A therapeutic method, which clinically applies the Law of Similars and uses medically active substances at infinitesimal doses.

Ok, so lets say you get sick with the flu. By using the Law of Similars, you would give yourself an additional dose of some same or similar flu virus, and this would stimulate your immune system to go into battle. That's using the Law of Similars. However, in homeopathy, you never take the similar substance full strength. You take an infinitesimally smaller amount. Actually, it is so small as to be unmeasurable by physical scientific instruments.

To get to such a small level, the original substance goes through a dilution process. For example, suppose you were making a flu remedy. You would take, for instance, 99 drops of distilled water and add one drop of flu virus. You would vigorously shake that solution 50 to 100 times (homeopaths call this succussing). Then you would take a drop of that solution and add it to another 99 drops of water and shake again. Then take a drop of that solution and do it again, and again, and again, etc. By the time the homeopath is through with this process, any scientific laboratory could analyze the solution and all they would say is that the substance is just water. BUT, and this is a big but, the power of the remedy is in the vibrational imprint that has been stamped on the water itself by the original flu drop

and through each successive generation. And this is where we get into quantum physics and subtle energy, areas where our physical sciences are not yet capable of going.

When the body is given a homeopathic remedy, it is stimulated into action, not because of the physical or chemical nature of the substance, but because of the energetic nature. The body receives new vibratory information and acts accordingly. Now to anyone trained in the physical sciences, this is not provable. But whether you believe this yourself or not is irrelevant, the fact is, homeopathics can be a very powerful healing resource when used correctly.

Isopathy

In the Rot & Rust educational tour in the microscopy section, we have a discussion about the colloids of life in the blood. These are hypothetical constructs which say if the terrain of the blood (i.e. the bloods pH balance, mineral balance etc.) gets shifted, the elemental forms, the colloidal particles known as the protits or somatids, will change their shape to adapt to the new environment. What they change into can be pathogenic (disease producing) to the body.

This is the biological aspect to the disease process in the body as espoused by some thinkers. When Professor Enderlein (ref. Rot & Rust) was doing all of his research in this area, he believed the developmental life cycle of an internal parasite to be real. He knew that disease was brought about by a shifted internal metabolic balance. To get well, you had to rebalance that metabolism. Understanding these concepts, in relation to also theorizing a totally biological nature of disease, he developed biological preparations to speed the healing process. Today these preparations are made primarily by companies most notably out of Germany.

As biological preparations, they work on a supposedly unique level. If microbes do indeed

evolve in the blood to a pathogenic level, then to get well, you would want to de-evolve those same microorganisms back to a stage where they no longer present a problem.. The primary way to do this is through diet (i.e. rebalance pH). But in severe situations, you could accelerate the process biologically. This is where Enderlein's remedies would come into play. He theorized that if you have a microbe at one late developmental stage in the body that is causing problems, you could introduce the earlier stage of that same type of microbe and they would mate and become a lesser form. This is how his isopathic remedies work (iso meaning equal or same).

Enderlein's so-called protit was seen as a colloid of life--a progenitor to later stages of development if the pH of the blood gets thrown off. To de-evolve the later pathogenic stages, the re-introduction of new cultured young protits back into the blood, would see the pathogenic forms become lesser, apathogenic forms. This is the basis for Enderleins isopathic remedies. It claims to promote gentle and effective self healing through biological means.

Understanding these two concepts of homeopathy and isopathy, is going to lead to a further understanding of just what the power may be that is behind the effectiveness of the medicine your own body produces.

The Product of Your Own Metabolism

The first time I was exposed to the concept that the body makes its own medicine, it was through a friend who was introduced to it through an eastern Indian "guru" type of fellow. I thought it was interesting but a wacky kind of idea and I never thought about it again - until I came across a book. The book is entitled, "Your Own Perfect Medicine" by Martha Christy. She has an interesting story to tell.

Ms. Christy was sick. Very sick. For a very long time. Pelvic inflammatory disease, ulcerative colitis, Chron's disease, chronic fatigue syndrome, Hashimoto's disease, mononucleosis. She had severe kidney infections, two miscarriages, chronic cystitis, severe candida, endometriosis, adrenal insufficiency, serious chronic ear and sinus infections, food and

chemical allergies. And that wasn't the half of it. She had every conceivable medical test, her share of surgery, and drugs - plenty of them. Then she tried all forms of alternative therapy. Homeopathy, herbs, mega-vitamins and liv-cell treatments in Mexico. After traditional medicine failed to work, she and her husband spent over \$100,000 trying to get her well with alternative approaches. Nothing worked.

And then one day, her husband brought home a little book that told of how individuals had been cured of even the worst diseases with a seemingly strange and little-known natural therapy. Soon afterwards, she began the therapy herself. From the first day she began, she received almost instantaneous relief from her incurable constipation and fluid retention. Within a week, her severe abdominal and pelvic pain was gone.

The chronic cystitis and yeast infections (internal and external) soon disappeared and her food allergies, exhaustion, and digestive problems all began to heal.

After a few more months, her colds, flu, sore throats and on again off again viral symptoms disappeared. Her hair which had fallen out by the handfuls after her fifth surgery became thick and lustrous. Her weight normalized, and her energy and strength came back. After nearly 30 years of non-stop illness, Martha Christy was whole again.

What was this therapy that she had discovered? What was this therapy that has helped seriously ill patients gain complete remissions from their afflictions? What was it that she actually did?

Well, here it is. She orally and medicinally re-consumed her own urine.

Whoa! Gag! She did what?

That's what I thought when I first heard about this. But I also absolutely needed to know more. What I discovered is that urine is not the substance we think it is. In her book, Martha Christy explains what urine is....

In Layman's Language

Urine is not, as many believe, the excess water from food and liquids that goes through the intestines and is ejected from the body as "waste". It is much different and much more. When you eat, the food you ingest is eventually broken down in the stomach and intestines into extremely small molecules. These molecules are absorbed into tiny tubules in the intestinal wall and then pass through these tubes into the blood stream.

The blood circulates throughout your body carrying these food molecules and other nutrients, along with critical immune defense and regulating elements such as red and white blood cells, antibodies, plasma, microscopic proteins, hormones, enzymes, etc., which are all manufactured at different locations in the body.

As the blood circulates, it passes through the liver where toxins are removed and later excreted from the body in the form of solid waste. Eventually, this now purified "cleaned" blood makes its way to the kidneys. When blood enters the kidneys it is filtered through an immensely complex and intricate system of minute tubules called nephron through which the blood is literally "squeezed" at high pressure. This filtering process removes excess amounts of water, salts and other elements in the blood that your body does not need at the time.

These excess elements are collected within the kidney in the form of a purified, sterile, watery solution called urine. Many of the constituents of this filtered watery solution, or urine, are then reabsorbed by the nephron and delivered back into the bloodstream. The remainder of the urine passes out of the kidneys into the bladder and is then excreted from the body.

The function of the kidneys is to keep the various elements in your blood balanced. When your body doesn't need something at a particular time, it is excreted - not because it is toxic or poisonous or bad for the body, but simply because the body does not need that particular element at the time.

Medical researchers have discovered that many of the elements of the blood that are found in

urine have enormous medicinal value, and when reintroduced to the body, they boost the body's immune defenses and stimulate healing in a way that nothing else does.

A Nutrient Rich Powerhouse

In 1975, one of the founders of Miles Laboratories, Dr. A. H. Free, published his book *Urinalysis in Clinical Laboratory Practice*, in which he remarked that not only is urine a sterile body compound (purer than distilled water), but that it is now recognized that urine contains literally thousands of compounds. Among the urine constituents mentioned in Dr. Free's treatise is a list of nutrients that will knock your socks off. Here's just a few...

Alanine, Arginine, Ascorbic acid, Allantoin, Amino acids, Bicarbonate, Biotin, Calcium, Creatinine, Cystine, DHEA, Dopamine, Epinephrine, Folic acid, Glucose, Glutamic acid, Glycine, Inositol, Iodine, Iron, Lysine, Magnesium, Manganese, Melatonin, Methionine, Nitrogen, Ornithane, Pantothenic acid, Phenylalaline, Phosphorus, Potassium, Proteins, Riboflavin, Tryptophan, Tyrosine, Urea, Vitamin B6, Vitamin B12, Zinc/

Stories have been told of individuals who have both lived and died by being trapped in places without food and water for days. Those that survived did so because they drank their own urine, those that perished did not. The ones that died probably could not overcome the misinformed thoughts that urine is a waste product of the body. It's not. It's just a substance the body secretes that contains elements not needed at the time.

Despite what you may have been led to believe about urine, pharmaceutical companies have grossed billions of dollars from the sale of drugs made from urine constituents. Research is happening every day in labs attempting to isolate specific elements of urine so they can create new drugs and patent the substances. For instance, Pergonal is a fertility drug made from human urine. 1992 sales of this drug were reported at \$855 million while it costs a patient \$1400 a month to consume. Urokinase, a urine ingredient, is used in drug form and sold as a miracle

blood clot dissolver for unblocking coronary arteries. Urea, medically proven to be one of the best moisturizers in the world, is packaged in expensive creams and lotions. Take the M out of Murine eye drops and what do you have? Yep. It's made from carbamide - another name for synthetic urea.

A Powerful Healer

To get some understanding of how urine can be such a powerful healing substance in and of itself, let's take a look at how urine therapy has been known to completely eliminate allergies.

We read where researchers have discovered that allergic responses are caused by "renegade" white blood cells that inappropriately attack substances even when they may be no threat to the body. So it is the activity of these renegade white blood cells, called antigen receptors, that needs to be corrected in order to cure the allergy.

In 1982, studies published by Dr. William Linscott (in *Basic and Clinical Immunology*) showed that when these antigen receptors (or renegade white blood cells) are reintroduced into the body, the body actually developed antibodies to these antigen receptors, and the antibodies then stopped the allergic response.

Realizing that the urine of allergic individuals contains the allergy causing antigen receptors, researchers thought that to re-introduce the urine back to the allergic individual would mean antibodies would be produced which would then stop the allergic response. And that is exactly what happens. Allergies have been completely turned around with urine therapy.

Using urine in this way to cure the allergy, is one form of isopathic treatment. You're using the same substance that is causing the allergy, to be reintroduced to the body to have the body manufacture its own antibody to it. If you grasp this point, you may be able to see the ability of this therapy to be used in just about any illness the body may experience.

More Electrons for Your Body

Most of the time when a measurement of any given urine sample's oxidation and reduction reading (the ORP value) is taken, it often shows the urine in a reduced state. Chemically this means that there are more electrons (the charge is reduced in the negative direction). We like to say that the flow of life moves on the flow of electrons. If there are a lot of electrons in the urine, then where are they coming from? Yep, from you. So if your papa ever said, child, you're pissing your life away--might there be more to that statement then meets the ears? Free electrons can be given to free radicals to fight oxidation so perhaps urine therapy also works along these lines. Something to think about. Or maybe it is just that things are better the second time around - they've already been processed somewhat once.

Concepts From the Isopathic Thinkers

To take this isopathic idea a bit further, let's come back to the theories of Guenther Enderlein and his biological perspective. As you'll recall, Enderlein developed remedies that were based on his observations that how we get sick is a function of the blood pH getting thrown off causing microbes in the blood to grow into pathogenicity. His biological remedies involved re-introducing the small colloids of life, or the protits, back into the body to mate with the pathogenic forms so they would de-evolve back into a non-pathogenic state. Mmm....

Now let's take this idea in relation to urine therapy and expand it to meet this biological framework. Urine therapy has been able to cure seemingly incurable disease states. Why is that? Well here's an idea. The colloids in your blood that are the protits/somatids, are very small particles. In fact they are so small as to be unfilterable by something like the kidneys. Though researchers haven't been looking, perhaps one of the invisible constituents of urine are these colloid particles that naturally just get passed through the kidneys out of the blood. When one consumes their own urine through the process of urine therapy, they are receiving a dose of these pure colloids. These biologically proceed to support the immune

function, and possibly lead to taking the pathogenic microbes in the blood back down to apathogenic states. In this way, urine truly becomes the body's own perfect medicine. Now Enderlein's theories have never been proven using modern scientific procedures to verify his ideas, and at some levels has been completely dis-proven, but nevertheless people still believe them. Maybe the power of belief in this instance overcomes what factually may not be real.

Open Minds Can Open Doors

Don't take this therapy lightly. Multiple sclerosis, colitis, lupus, rheumatoid arthritis, cancer, hepatitis, hyperactivity, pancreatic insufficiency, psoriasis, eczema, diabetes, herpes, mononucleosis, adrenal failure, allergies and so many other ailments have been said to be relieved through use of this therapy. After you overcome your initial gag response (I know I had one), you may realize that there might just be something to this and if you are searching for health, this is an area to investigate. There are numerous reports and double blind studies which go back to the turn of the century supporting the efficacy of using urine for health.

The recurring points to all of the medical research done to date on urine indicates that it is completely sterile. If it becomes contaminated it happens after it leaves the body. Urine is a by-product of blood filtration, *not* waste filtration.

Urine contains compounds that are very specific to the individual from which it comes. It is antibacterial, antifungal, antiviral, antineoplastic (anticancer), anticonvulsive, and antispasmodic. It is totally non-toxic.

With research that could fill volumes, you may be wondering why you haven't heard of this before. Well, urine is abundant (everyone has their own supply), it's free, and it can't be patented. Reasons enough?

How to Do It

Very briefly, here are two main ways that are suggested to do urine therapy. This is in no way a complete discussion of how to use the therapy, but simply an introduction.

1) Use your own urine in a homeopathic fashion.

First, collect midstream urine in a clean cup or container. This should be a clean catch, meaning the genital area (important for women in particular) has been cleaned beforehand. To 1/6 ounce of distilled water in a sterile bottle, add one drop of fresh urine. Cap and shake 50 times. Take one drop of this mix and add to another 1/6 ounce of distilled water and shake 50 times. Take one drop of this mix and add to 1/6 oz. of 80 to 90 proof vodka which acts as a preservative.

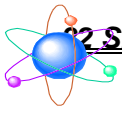
Place three drops under the tongue hourly until there is obvious improvement or temporary exacerbation of symptoms. As improvement progresses, lengthen the interval between treatments. After 3 days, suspend treatment to avoid pushing the immune system. Treatment is resumed if progress remains static or relapse occurs.

2) Begin with oral drops then increase dosage as needed.

Use fresh urine drops direct. For some cases, sub-lingual drops work well. (Should always use fresh urine immediately upon collection. You should not boil or dilute the urine in any way. You must use it in its natural form)

Start by taking 1-5 drops of morning urine on the first day. On the second day, take 5-10 drops in the morning. On the third day, take 5-10 drops in the morning, and the same amount in the evening before you go to bed.

Once you feel accustomed to the therapy, gradually increase the amount as needed for obtaining results for your condition. As you use the therapy, you will learn to adjust the amount you need by observing your reactions to the therapy. It may be that you'll work up to actually drinking an ounce or two at a time.



The Master Remedy

The **Master Remedy** is a non-allergenic, non-specific blood type homeopathic used to **support** the entire body system at the sub-atomic level. By oxygenating the blood of a deprived system, it focuses on supporting or re-establishing the specific electro/magnetic communication conduit necessary for the body to function as one complete unit. Each IDF (intrinsic data fields) mentioned are designed to broadcast balancing information into your body system blueprint to effect a positive physical change. The longer it is used the greater the benefits. Below is a basic overview of some of the benefits of taking **The Master Remedy**:

Energy Centers/Chakras, Primary & Positive Emotions, Cellular system, Cell Salts, Cells of the Body, Nutrition/metabolic system, acids & sugars, Proteins/Amino Acids, Neurological system, Endocrine System, Pineal, Hormones, Thalamus, Hypothalamus, Pituitary(anterior & posterior), Thyroid, Hematological System, Brain/Nerves, Pancreas, Blood/Lymph/Spleen, Thymus, Immune system, Ear/Nose/Throat, sinus, Oral/Dental System, Pulmonary System, Lungs/Bronchi, Gastrointestinal System, Cardiovascular System, Heart/Aorta/Valves/Blood Vessels, Reproductive system, Liver/Gall Bladder, Prostate, Kidneys/Urethra/Bladder/Urethra, Muscle/Skeletal System, Connective tissues, Joints/Bones, Sexuality, Skin/Facial/Hair/Nails, Sugars, Parathyroid, Cell Mediated-Bone, Testes/Gonads, Dermatologic System, Antibodies/Antigen-Hormonal, Hepatic/Biliary system, Renal/urologic system, and Pain syndromes.

HF-4325 All Flu/Viral Antidote

HF-4325 is a non-allergenic, non-specific blood type homeopathic used to **protect** the entire body system against environmental and pathogenic invasions at the cellular level, including general and specific bacterial and viral infections, by oxygenating the blood of a deprived system. Each of the IDF (intrinsic data fields) mentioned are designed to communicate a synergistic defense within your body system blueprint to effect a positive cellular change. The longer it is used the greater the benefits. Below is a basic overview of some of the benefits of taking **HF-4325**:

Allergies, Skin/Allergic Poisons, Metal/Plastic Allergy, Allergic Conjunctivitis, Hay Fever, Hives, Hypersensitivity Disorders, Immunodeficiency Diseases, Atopic Diseases, Auto-immunodeficiency syndrome, Candida/Arthritis/Uric Acid, Calcification/Parasites/Cancers, Malignancy, Toxins, Sarcomas, Lymphoma/Cancer viruses/Cancer Toxins, Metastasis, White Blood Cells, California Encephalitis, Colorado Tick Fever, Far Eastern Hemorrhagic Fever, Sicilian Fever/Norwalk Virus, Rat Bite Fever, Scarlet Fever, Rabies, Central Nervous System Viral Disorders, Hand/Foot/Mouth Disorders, Chicken pox/Measles/Rubella/Shingles/Mumps/Smallpox/Varicella Zoster, Respiratory Viral Diseases, Herpes Simplex(cold sores), Common Colds/Chicken Flu/Egg Flu/Asian Flu, Flu Aftermath, Edema, Mexican Flu/Mononucleosis Infection, Herpes Simplex II, Twitches/Traumatized Nerve/Multiple Sclerosis, Facial Paralysis/Muscle & All Related Disorders, Drug Poisons, Asbestos, Chemical Poisons, Formaldehyde, Inhaled Poisons, Spider Bites, Influenza H1n1, Influenza, H2n2/Influenzq,H3n2, Upper Respiratory Infections, Reyes Syndrome, Mumps, Fungus & Parasites(systemic), Tape Worms/Lesions/Ring worms/Malaria, Legionnaire's Diseases, and Malaria Recurrences.

General Information: These formulas are not intended to replace your need to see a healthcare practitioner. It is important to keep these products away from direct sunlight or high emf's (electro-magnetic-fields), i.e., all electrical devices. Can be taken three times daily or as directed. May be taken more often as necessary depending on your particular problem. These remedies will balance most all imbalances within the human body. Other imbalances may need a greater synergistic modality of treatment. The formulas are tasteless & odorless and are beneficial for all ages & pets as well. **There are absolutely no side effects!** For maximum effectiveness, they should be to be taken 15 to 20 minutes after any intake of food. They can be taken together or ten minutes apart as you deem necessary depending on your overall needs or severity of the particular problem.